

# Retreat Facilitators

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Denise Braverlly is a licensed independent mental health practitioner, a certified Daring Way Facilitator™ and founder of the Hope and Wellness Center in Omaha, Nebraska. Denise has worked with individuals, professionals, business owners and groups for over 15 years to empower, equip, and encourage them to become their best and most authentic selves.

Denise is passionate about healing for the whole person. Nine years ago, after experiencing burnout herself, she developed an even greater belief in the connectedness of mind, body and spirit.

Denise offers a calm, healing and accepting atmosphere infused with compassion, support, and hope.

Denise holds a Master of Arts in Clinical Mental Health Counseling from Grace University. She strives to help all individuals reach their fullest potential.

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**Denise Braverlly**  
LIMHP, NCC, CDWF™



Chelsea Taylor is a licensed mental health practitioner and professional counselor who uses creative, holistic and integrative therapeutic approaches. She holds her Master of Arts in Counseling Psychology from Doane University and is currently completing her Doctorate in Behavioral Health from Arizona State University. Chelsea is a full-time clinician for Hope and Wellness Center in Omaha, Nebraska and has training in EMDR, TF-CBT, mindfulness and crisis management.

Chelsea has over a decade of experience advocating for women and LGBTQ empowerment and specializes in healing trauma.

Chelsea has dedicated herself to promoting accessibility and inclusivity for everyone. She wholeheartedly believes this can empower others to lead meaningful, enriching and resiliency-inspired lives.

**Chelsea Taylor**  
LIMHP, LPC



# Retreat Hosts

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Deborah began the vision of Finca Ellis with her father in 2015 and now is involved in all aspects of managing the day-to-day work of the finca, creating and implementing projects that are in harmony with the work of the finca, providing world-class hospitality, creating colorful and innovative Farm to Table Meals, and coordinating volunteers that come from around the world.

**Deborah Brock**  
Finca Ellis Owner/Operator



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Julia left her job in the corporate world to volunteer in Ecuador and soak in a lifestyle of simplicity. Her life was changed for ever when she volunteered at Finca Ellis and became integrated to the team and helping bring the mission to life. Julia is also a life coach and reiki practitioner who is passionate about creating opportunities for people to learn, grow and excel in that which is calling their soul.

**Julia Wiggen**  
Finca Ellis Partnership Relations

